## THE PROJECTIONS OF THE MIND

The therapy that we need to know in order to avoid any inner unbalance with external repercussions is: not to allow the mind to have any kind of reactions; if somebody hurt us we do not have to allow the mind to react.

The time has come to go to the depth of this theme and I think that the most important, is to stop dreaming. The dreams are mere projections of the mind and for that reason they are just illusions, are useless. Precisely, it is the Ego the one that projects the dreams and obviously those dreams are useless.

We need to transform the subconsciousness in Consciousness, we need to eradicate radically not only the dreams but even the possibility of dreaming; there is not doubt that that possibility exists meanwhile there exist the subjective elements within our psyche. We need a mind that does not project, we need to drain off the process of thinking. The projecting mind, projects dreams and these dreams are vane and ephemeras.

When I say "the projecting mind," I am not talking about the mere projects that an engineer makes, that makes projects, the planes of a building, a great bridge or highway; no, when I say "projecting mind" I am talking about the intellectual animal.

It is clear that the subconsciousness always projects, not only houses, buildings or things like that; no, I clarify it: it also projects its own desires, its own memories, emotions, passions, ideas, experiences, etc.

The projecting mind I repeat, projects dreams and it is clear that meanwhile exists the subconsciousness, there will exists the projections: when the subconsciousness has been transformed in Consciousness, the projections end up, they cannot exists, disappear.

If we want to reach the authentic illuminations, it is necessary and urgent, we would say, to transform the subconscious in Consciousness. Undoubtedly that transformation only can be possible annihilating the Ego, the "I," the myself.

In this form it is how the subconsciousness is transformed in Consciousness, so in its place remain the Objective, Real, Authentic Consciousness.

In other words, I would say that meanwhile could exists any subjective element within ourselves, even if this is insignificant, the possibility of dreaming is still alive.

But when one finish with any subjective, subconscious element, when does not last any aggregate or subconscious element within our psyche, the result is the Objective consciousness, the authentic, real illumination.

One thing is to walk through the hyper sensible worlds of the Objective Consciousness and another is to walk through those regions in a subjective, subconscious state, projecting dreams.

Observe the huge difference that exists between the one that walk through those regions projecting dreams and the one that lives there, but not projecting, with the Consciousness absolutely awakened, illuminated, in a super exalted waking state.

Obviously that person is a authentic illuminated and can if he wants to investigate the Mysteries of Life and Death, to know the enigmas of the universe.

certain author says "the dreams are disguised ideas." We can clarify the concept a bit more saying that are projections of the mind, because those "disguised ideas" are projected mentally and this is why the dreams are false and vanes.

He that lives awakened, does not dream. None could live awakened without having eliminated in himself the Ego, the "I," the myself. For this reason I want all the brothers to worry about the disintegration of the Ego, because only disintegrating that terrible legion, one will be awakened radically.

Undoubtedly it is not easy to eliminate the variety of subjective elements. That elimination is processed in didactic form, little by little, and according one is eliminating those elements the Consciousness becomes objective and when the elimination is absolute, the Consciousness become totally objective, awakened; then the possibility of dreaming has finished, has ended.

The great adepts of the Universal White Brotherhood do not dream, they have Objective Consciousness; the possibility of dreaming has ended to them and one find them in the superior worlds in an intense waking state, directing the flow of the innumerable centuries, governing the laws of nature, transformed in Gods that are beyond good and evil.

It is indispensable to comprehend profoundly all of this. So, in order to everybody could have an exact resume, I want to say this:

- 1. The Subconsciousness is the very Ego; annihilating the Ego, the Consciousness awakens.
- 2. The Subconscious Elements are infra humans and everybody carry them inside. Destroy them and any possibility of dreaming will end.
- 3. The dreams are projections of the Ego, so are useless.
- 4. The Ego is mind.
- 5. For this reason, the dreams are projections of the mind.

- 6. You have to take careful note of this: it is indispensable not to project.
- 7. Not only are projected things to the future, we constantly live projecting things of the past.
- 8. Also are projected different kind of emotions in the present: morbidities, passions, etc., etc., etc.,

The projections of the mind are infinite, so the possibilities of dreaming are also infinite.

How could be possible to be taken as an illuminated, a person that dreams? Obviously the dreamer is just that: a dreamer. He does not know anything about the reality of the things, about what is beyond the world of the dreams.

It is indispensable that our gnostic brothers become concern about the necessity to awaken; it is necessary that they really commit themselves to the dissolution of the Ego, the "I," the myself; that has to be their principal concern. According you die in yourselves, the Consciousness will become more and more objective and the possibilities of dreaming will be reduced in progressive form.

To meditate is indispensable in order to comprehend our psychological errors. When one comprehends that has a determined error or defect, can have the luxury to eliminate it, as I taught in my book "The Mystery of the Golden Flowering."

To eliminate a determined psychological error is equivalent to the elimination of a determined psychic aggregate, a subjective element, inside of which there exist possibilities of projecting dreams or dreaming.

When one wants to eliminate a defect, an error, a psychic aggregate, first of all has to comprehend it, but it is not enough just to comprehend, it is necessary to go deeper: it is necessary to capture the profound meaning of what one has comprehended; to attain that, can only be possible through the profound and very intimate meditation. He that has captured the profound meaning of what has comprehended, has the possibility of eliminate.

To eliminate psychic aggregates is urgent. Psychic aggregates and psychological defects at the bottom are the same; any psychological defect it is just the expression of a psychic aggregate.

Is it necessary to eliminate them? That is clear, but first we have to have comprehended them and also to have captured their profound meaning. In this form is how we are dying from instant to instant. Only with the dead comes the new.

You want to be awakened in the Astral, in the Mental, etc., but you do not worry for dying and the most grave is that you confuse the dreams with the real mystical experiences. One thing are the dreams that are just simple projections of the subconsciousness, and another thing are the real mystic experiences. Any authentic mystic experience demands the state on the alert and the awakened Consciousness; I could not conceive a mystic experience having the Consciousness asleep.

So, the real, authentic mystic experience only comes when we make the Consciousness to become objective, when we are awakened. The gnostic brothers have to reflect in all of that; study our book "The Mystery of the Golden Flowering," be concern of dying from moment to moment; only in this form you will make your Consciousness to become objective. That is all!

\*\* Venerable Master: You put special emphasis on the Comprehension but also in the Profound Meaning of our psychological defects. I understand that the Comprehension has as objective to identify those defects and that the Profound Meaning has as objective to discover the damage that the defect can produce us, as an obstacle to attain the Self-Realization. Am I correct?

\*\*\* It is worth to answer the question that comes from the auditorium... Comprehension is not identification: somebody could identify a psychologic defect without having comprehend it. Let us distinguish between comprehension and identification.

The comprehension is something very elastic, there are variations in the grades of the comprehension; it can happens that today we could comprehend something in a determined way, in relative and circumstantial form and that tomorrow we could comprehend better.

The profound apprehension of the meaning of a determined defect, only is possible through all the parts of our Integral Being. If some parts of our being have captured the profound meaning, but other parts of our same Being have not captured it, then the integral and profound meaning has not been apprehended neither.

We do not have to forme concepts about the "profound meaning," about its specific taste. We can only experiment the profound meaning of a determined error in the precise instant, in the adequate moment: for this reason in no way we could forme pre-conceived ideas about the "profound meaning of our defects."

\*\* Thank you Master for this explanation that reveals that the comprehension is really a function of the mind and that the Profound Meaning is a function of the Consciousness. Is it correct?

\*\*\* My friends: the mind with all its functions, is feminine, receptive; it would be absurd to turn it positive, it would be stupid to elaborate ideas, pre-concepts, theories.

Been the mind a mere passive instrument, the mind itself could not take the place of the comprehension. You have to distinguish between the comprehension and the instrument that we use in order to express ourselves in the physical world. Obviously the comprehension belongs to the Essence, to the inner functions of the Consciousness and that is all.

The profound meaning of a determined psychological error differs from the comprehension because it belongs to the different perceptions or direct experiences, lived by the different parts of the Whole-Total Being.

INVERENCIAL PEACE

Samael Aun Weor